

Responsible Digital Education

4-8 YEAR OLDS



The adults are aware that they set **an example for the child.**

They talk to the child about screens and the emotions they evoke when they are used.

They establish limits and give meaning to the rules.



Quiet activities,
crafts, building

Play games as a family

Print a picture to colour

Borrow games from
the toy library

Draw up a charter together

Outdoor games

Find more information and other
«tips and tricks» for daily life on
educationnumeriquevalais.ch



éducation numérique
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